



**ROTARY CLUB OF MILLICENT**  
P.O. Box 277, Millicent SA 5280  
*Chartered May 20<sup>th</sup> 1957*  
**Community Club - 2nd & 4th Thursdays 6:10pm**  
**Apologies to Treasurer Eddie Hann 87354225**



**OFFICE BEARERS**

**RI PRESIDENT:** Ian Riseley

**DG 9780:** Dave Herbert email:

**President:** Rosey Pounsett Phone: 0488533375 email: roseypounsett@internode.on.net

**Vice-President:** Rob Chambers Phone: 08 87354302 email: rchambers3@bigpond.com

**Secretary:** Phil Golding Phone: 08 87333146 m 0457494297 email: jennifer.golding6@bigpond.com

**Treasurer:** Eddie Hann Phone: 08 87354225 m 0428354225 email: daisybank@dodo.com

**Programme:** Max Blacketer Phone: 0417334855 email: blacketer@bigpond.com

Nigel MacLennan Phone: 08 87332842 email: nigel.maclennan@internode.on.net

**Bulletin:** Phil Golding Phone: 08 87333146 m 0457494297 email: jennifer.golding6@bigpond.com

**Sargeant of Arms:** Tony Morello 08 87333816 email: angelmor@bigpond.com

**NEXT MEETING: 6.00 for 6.10 Thursday 22nd FEBRUARY 2018 MEETING 3023**

**“MORGAN LODER KIAS ROTARY EXCHANGE STUDENT: MY FIRST 6 MONTHS”**

**ANNIVERSARIES AND BIRTHDAYS:**

**Inductions:** Bill Cull 15th February 1985

**Birthdays:** Tin T. 5th March

**COMING EVENTS and ANNOUNCEMENTS:**

-Strathdownie Group 1 Meeting 6 for 6.30pm Monday 5th March 2018

-SE Field Days 16-17th March 2018

-District Conference 6-8th April Mt Gambier - Making A Difference/Erupt With Jazz

-RYLA: 8-13th April 2018

-Geltwood Market Day 15th April 10am-2pm (Alan Rolfe Lions Committee Chair)

-ScienceEngineering Xpo Mt Gambier 22nd June



**JANE GOULD DENTAL THERAPIST FEB 8TH**



**RLI 3 IN MT GAMBIER FEB 3RD**

**Meeting 8<sup>th</sup> February 2018 General Business:**

-Letter from Mayor Gandolfi acknowledging Photo Art Show recess in 2018 and thanking Rotary and wishing us well

-Rendelsham Market Day thanks for the use of Rotary's Catering/Shelter resources

-Mary A reported back on Rotary Park Working Bee Tuesday 6<sup>th</sup> (13 vol hours)

-SA Communities Limestone Coast: Solar Evening 19<sup>th</sup> Feb 6pm C&A

-March 4th is 'Clean Up Australia Day'

-'Learning To Live Lightly' Mt Gambier

-Honour Our Fallen: flags for memorial sites of deceased Armed Service locals

-Group 1 Meeting Strathdownie: 5<sup>th</sup> March organised by RC Mt G Lakes.

-Science Engineering Xpo June 22<sup>nd</sup> 2018

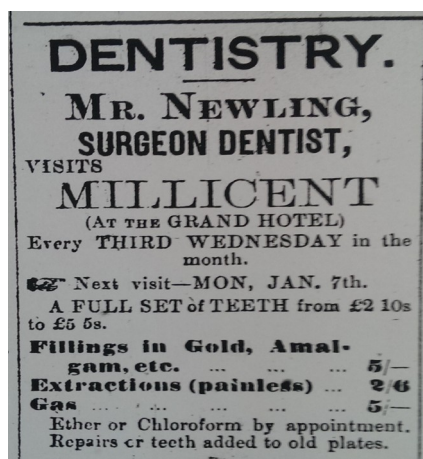
-My Rotary Website encouraging recording of Vol hours, Vol numbers and Club Goals.

-RI Pres Ian Riseley suggests that we have until end of May to organise and plant trees (1million Trees)

-Fortnightly Meeting Trial for RC Millicent requires reviewing by the end of February.

## Jane Gould Dental Therapist

- Jane lives in the Lucindale area and has many years of experience in the Public and Private Dentistry sector throughout the SE (Bordertown, Naracoorte, Kingston, Robe, Millicent)
- Jane currently works at the Millicent North Public Dental Clinic and part-time for the Robe Dentist (Children's Clinical Work and Hygienist with Adults)
- The focus is Decay and Periodontal (gum disease)
- Dental Health has significant impact upon heart disease, diabetes, aged-care (dry-mouth from medications and hydration reduction, falls etc) outcomes
- Lots of folks do not have regular dental checks. Fluoride is definitely good for dental health.
- Brush 2x day, floss, reduce sugar, eat healthy (reduce processed food) and hydrate, regular checks.
- In Millicent there is a 11month waiting list; but with acute problems (pain, etc) a response is attempted with PH emergency or Private vouchers. Nursing homes are not currently covered by PH.
- Public Health Dentistry is having trouble filling positions in the SE
- Melbourne Dentists are charging much more than our local and SA Dentists.
- Diabetics experience ulceration and this in-turn effects their blood readings.
- Cancer patients experience saliva and lacrimal difficulty and increase ulceration. Toothpaste needs to be gentler.
- Denture patients are more likely to have problems with lower dentures (bone degradation); Jane spoke about Paste and Cleaning products.
- Jane displayed some 'handle devices' to assist youngsters and oldies with dexterity-issues.
- Also 'floss devices' were shown, and Jane spoke about overseas-aid trips with which she had assisted and the more traditional tooth-picks in practice.
- Methamphetamine (cheap to buy) destructive dental impact is increasingly evident at the Clinics. Dramatic deterioration after 12 months abuse because of no saliva, poor self-care, grinding teeth, sweet consumption; loss of teeth.
- The SE public clinics employ 12 Dental Therapists and assist with Uni-Dentistry training which occuppies 4 dental chairs.
- The very informative session ended with some discussion about Sleep Apnoea Patient 'Dentures'



**MAX CELEBRATES HIS BIRTH IN 1938 AND AVOIDANCE OF 1901 DENTISTRY**

**WHILE THE BILLY BRIEFLY BOILS (OR MICROWAVE PINGS):**

**Outside a Muffler Shop:**  
**"No appointment necessary. We hear you coming."**